

What's New in the Library for April 2011?

By Colleen Kleier

***The Emperor of All Maladies: A Biography of Cancer* by Siddhartha Mukherjee, published in 2010**

We take history classes to learn about the creation of the society we live in, but what about the history of a disease that we fight against everyday? As Mukherjee points out, one in three women and one in two men will develop cancer during their lifetime. Mukherjee is a cancer physician and researcher who seizes the challenge of detailing the history of cancer in this literary time machine. Although cancer treatments have progressed from what they were more than 5,000 years ago, we are still fighting a “war against cancer.”

***Having Children After Cancer: How to Make Informed Choices Before and After Treatment and Build the Family of Your Dreams* by Gina Shaw, published in 2011**

Shaw is a health writer, breast cancer survivor, and mother of three. This book provides useful information regarding the personal and practical side effects that cancer treatment can have on a woman’s choice to have children. Whether one is worried about the effects that chemotherapy may have on fertility, or would like to learn more about fertility preservation, this book guides its readers through a variety of topics. Shaw combines snippets of information from her own life, mentions of current research, and examples of choices other women have made to create an accessible and informed resource for both men and women.

Older books that are new to the BCC library:

***Final Gifts* by Maggie Callanan and Patricia Kelley, published in 1992**

Callanan and Kelley have worked with people nearing the end of life for more than a decade, and this book provides a glimpse into the intimate moments that these women have shared with their patients. The hope is that by the end of this book readers will recognize the gifts of wisdom, faith, and love that those we have lost leave for us to hold onto.

***Essential Healing Exercises for Body and Mind: Thriving After Breast Cancer* by Sherry Lebed Davis, published in 2002**

When a person has surgery for breast cancer they often wonder if their physical activity will be limited as a result. This book provides people with exercises and stretches they can do to help them reclaim activities, from bowling to swimming, which they love. Whether a person has just finished breast cancer reconstruction, is fighting fatigue, needs to heal emotionally, or is living with lymphedema, this book is brimming with stretches and exercises that can help.