

What's New in the Library for June 2011?

By Colleen Kleier

All of these resources are available in the BCC library.

***From Zero to Mastectomy: What I Learned and You Need to Know About Stage 0 Breast Cancer* by Jackie Fox, published in 2010**

For those women who have recently received a diagnosis of ductal carcinoma in situ (DCIS), this book provides an example of one woman's journey through her treatment decisions for this diagnosis. From her attempts at breast conserving surgery to her choice between radiation and mastectomy, Fox provides details that readers might find useful when making their own decisions. The choices that each woman makes about her doctors, treatment plan, and coping strategies are specific to the individual, but Fox details her journey through DCIS in a relatable and positive way. The last chapter of this book also presents an interview with Fox's "dream team" of doctors who answer a few of the most commonly asked questions about DCIS.

***A Mom of Many Hats* by Debbie Fink, M.A., and Lisa Hane, M.F.A., illustrated by Caroline Heming, published in 2011**

This book was designed to serve as a catalyst for the healing of school-age children who have recently been told that their mother has cancer. This book can help children work through the various stages of loss they may experience as their mother is going through treatment for cancer. Fink and Hane also provide an opportunity for parents and their children to have an open discussion about what cancer is and how it might affect their lives. This story illustrates the experiences of a brother and sister who are dealing with their mother's diagnosis of cancer and end up working with their father and grandmother to throw a "hat shower" for their mother. The conclusion of the book leaves readers feeling hopeful and empowered.

***Taking Care of Your Girls* by Marisa Weiss, M.D., and Isabel Friedman, published in 2008**

This breast health guide for "girls, teens, and in-betweens" is an excellent way to start a conversation with teenagers about any changes they may begin to notice as their breasts develop. Marissa Weiss and her daughter Isabel decided to write this book to put to rest many of the misconceptions and worries that mothers and daughters have regarding breast development. In this easy-to-navigate resource, Weiss and Friedman provide clear and concise answers to a variety of questions about topics such as breast size and shape, myths about breast cancer, and self esteem.