



BREAST CANCER CONNECTIONS

Your Community Resource for Information & Support

Writing Through Cancer: A Writing Workshop for Breast Cancer Survivors

Wednesdays, 7:00 to 9:00 p.m.
July 13 & 27, August 10 & 24, September 7 & 21 (7:15 to 9:15 p.m.),
October 12 & 26, and November 9 & 23

Call BCC at (650) 326-6686 to RSVP



“You have breast cancer.” The words are unwelcome, foreign to our ears. Our lives are touched in powerful ways, and the feelings we experience can be chaotic and overwhelming. Writing together during breast cancer can help us make sense of what has happened, and a growing body of research confirms that writing down thoughts and feelings can help us heal.

Continuing the tradition of the Scribbling Women of BCC which first began in 2001, we welcome a new series of monthly writing workshops. We’ll write together in a safe and supportive community, explore the impact of cancer in our lives, and express our unique voices in the stories and poems that naturally emerge from our experiences.

Ali Zidel Meyers, MSW is a cancer survivor, writer, mother, and teacher. She earned her undergraduate degree at the University of Michigan (Ann Arbor) in English Language and Literature and Masters degree in Social Work at Washington University in St. Louis. Through her clinical social work training, Ali discovered her passion for creating safe group settings for people to share their common experiences. She has taught writing for over 10 years and is the founder and Executive Director of Meyers Learning Center, a local tutoring company. Ali was a finalist at the Mendocino Coast Writer’s Conference (2009) for her poetry, and other works have been published in *Survivor’s Review*, *Coping Magazine*, and *Chicken Soup for the Soul*. For several years, Ali has trained with and been mentored by Dr. Sharon Bray through her Stanford Cancer Center writing group and Pacific School of Religion intensive course in Berkeley. She also studies with renowned Santa Cruz poet Ellen Bass and is currently working on a memoir about her cancer journey. Ali feels passionate about harnessing the healing power of writing in a supportive setting for cancer survivors.

All BCC programs and services are provided free of charge.

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390 Cambridge Avenue, Palo Alto, CA 94306